

# Intestinal Care Team Appointment Questions and Checklist

The first appointment with your child's intestinal care team may feel overwhelming. This guide provides a starting point of information to share with the care team about your child and questions you may consider asking the care team during the appointment.

## Information To Share With The Care Team

### Cause

- Tell the care team the cause of the short bowel syndrome, intestinal failure, or gastrointestinal illness, if your child has already been diagnosed.
- If your child has not been diagnosed, provide a reason for referral to the care team.



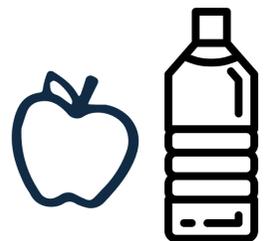
### Medical History

- Provide the care team with a detailed review of surgical procedures and any related complications.
- Review of hospitalizations, including the reason for the stay, how long, what was done, and where. it was.
- When you started noticing signs and symptoms of your child's gastrointestinal condition. (i.e. from birth, not meeting growth milestones)
- History of your child's height and weight.
- Immunization record.
- Any medications your child has been given.
- Known allergies, including medication, food, and environmental.



### Hydration and Nutrition

- Hydration and nutritional needs of your child.
- State if they are on parenteral nutrition (PN), intravenous (IV) hydration, or enteral nutrition (tube feeds).
- Does your child eat anything by mouth?
- Weight and growth history- is your child following the growth curve for his or her age group?



### Bowel and Liver Function

- Questions related to bowel function: Diarrhea, nausea, recurrent vomiting or spitting-up, bloating, appetite
- Questions related to malabsorption: Diarrhea, poor growth, inability to gain weight (failure to thrive), fatigue
- Signs of liver dysfunction- yellowing of the skin (jaundice) or fluid in belly (ascites)



### Central Lines

- The number of central lines your child has had and the type of each line (i.e Hickman®, Broviac®, Port-a-Cath, Single or Double Lumen).
- Reasons why your child's central line was changed (i.e. blood clot, infection)
- If there was an infection, the type of organism caused the infection (fungus, bacteria).
  - Indicate if a hospitalization, IV antibiotics, mechanical ventilation, were needed.
- Your child's current central line (i.e Hickman®, Broviac®, Port-a-Cath, Single or Double Lumen).



## Basic Questions to Ask The Care Team

Will my child need to undergo any additional testing, if so, what does this entail?

What are the usual treatments for my child's condition?

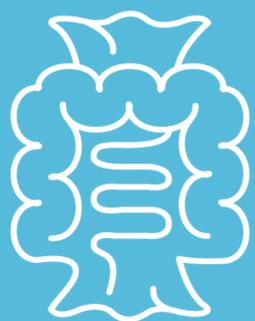
What are dietary recommendations for my child's condition?

Are there short-term or long-term complications associated with my child's condition?

What does follow-up care look like for my child's condition?

What are the potential side effects associated with the medications given for my child's condition?

Additional Notes or Questions:



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